



Are you tired? *Rest.*

Image: Charlie Watts, *The Rest Ministry III*, 2019

REST IS POWER REST IS POWER

Manetti Shrem Museum of Art
March 12, 2020 - March 27, 2020
Curated by AHI 401

AHI 401 is excited to present **REST IS POWER**, a student-curated exhibition that positions sleep/lessness as political.

While sleeplessness defines our contemporary collective experience, access to rest has long been contingent on one's race, sexuality, gender, dis/ability, and class. This exhibition invites you to reconsider our individual and collective relationships with rest as a site of power, abundance, healing, and justice.

OPENING RECEPTION:
Thursday, March 12, 6-8 pm

Jan Shrem and Maria Manetti Shrem Museum of Art

254 Old Davis Rd, Davis, CA 95616 | Tues, Wed, Fri, 12-6 pm | Thurs 12-9 pm | Sat, 11-5 pm